

1. Rift in the lute:- small problem or flaw in something that jeopardizes the whole. (रिश्ते में दरार आना)



Eg:- I hope this bit of rust isn't a rift in the lute and doesn't end up damaging the whole paint job.

2. Best thing since sliced bread:- something that is too fine (एक बहुत ही बेहतरीन अविष्कार)



Eg:- I think online education is the best thing since sliced bread.

3. Bells and whistles: Attractive but unnecessary features added to products (अतिरिक्त सजावटी और आकर्षक फीचर्स)

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Eg – Manufacturers still build luxury cars with all the bells and whistles.

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4. Take a rain check:- declining an offer that might be taken up later. (किसी प्रस्ताव को बाद के लिए टालना)



Eg - Thanks for inviting me to the movie, but I'll have to take a rain check this time.

5. **Keep your pants on:-** to be patient or to relax (धैर्य रखना, जल्दबाजी न करना)



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Eg - When the flight was delayed, the airline staff told the passengers to keep their pants on while they worked to resolve the issue.

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6. Elephant in the room:-an obvious problem or difficult situation that people do not want to talk about. (बड़ी समस्या जिसे सब अनदेखा करें)

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Eg - Their ongoing disagreement was like an elephant in the room, affecting their relationship but left unspoken.

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7. Walk the tight rope:- to be in a difficult situation that demands careful and considered behaviour (बहुत कठिन या जोखिम भरा काम)

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Eg- He is walking a tightrope between the young activists and the more traditional elements within the democracy movement.

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8. At one's fingertips :- To have complete knowledge
(पूरी जानकारी मुँह जुबानी याद होना)



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Eg:- Sia has all the share market knowledge at her fingertips.

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9. Blowing smoke :- to intentionally misinform or deceive (झूठ बोलना या डींगें मारना)



Eg:- I know your motives behind this act; don't try to blow smoke in my eyes.

10. Lose heart– To stop believing that you can succeed
(हिम्मत हारना या निराश होना)

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Eg - This is a difficult time, but don't lose heart – just remember how much you've already achieved.

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11. Fall out– to disagree with someone about something
(झगड़ा करना या अनबन होना)



Eg - He left home after falling out with his parents.

12. Last resort— last course of action (अंतिम विकल्प या आखिरी रास्ता)



Eg - He had no money for his wife's treatment so selling his house was his last resort.

13. Round the clock:- Something that goes on day and night (दिन-रात, पूरे 24 घंटे)



Eg:-The prisoners are monitored round the clock by the officers. There is no way to escape.

14. Vicious cycle:- a continuing unpleasant situation, created when one problem causes another problem that then makes the first problem worse (बुरा चक्र जिसमें फंसना आसान हो)



Eg - Poverty causes lack of opportunities which leads to unemployment which results in poverty. It is a vicious circle.

15. Bread and butter:- a person's livelihood or main source of income. (रोजी-रोटी या आय का साधन)



Eg - One does almost anything to earn their bread and butter in this cold-hearted world.

16. Jack of all trades:- a person who can easily handle a variety of challenges and tasks. (हर काम में हाथ आजमाने वाला)



Eg – He is a jack of all trades so he does most of his household tasks by himself.

17. Yeoman's service:- very good, hard, and valuable work that someone does especially to support a cause, to help a team, etc. (अत्यधिक मूल्यवान और शानदार सेवा)



Eg - He did yeoman's service by staying late every night to ensure the project was completed on time.

18. At one's wits end :- to be completely puzzled, confused, or at a loss about what to do next. (पूरी तरह उलझन में होना)



Eg - They were at their wit's end when they saw a dead body.

19. At the drop of a hat :- to do something immediately, without any hesitation or delay. (तुरंत, बिना किसी देरी के)



Eg - She's always ready to help her friends at the drop of a hat.

20. Go down in flames:- to fail spectacularly and disastrously, often in a dramatic and noticeable way. (बुरी तरह से असफल होना)

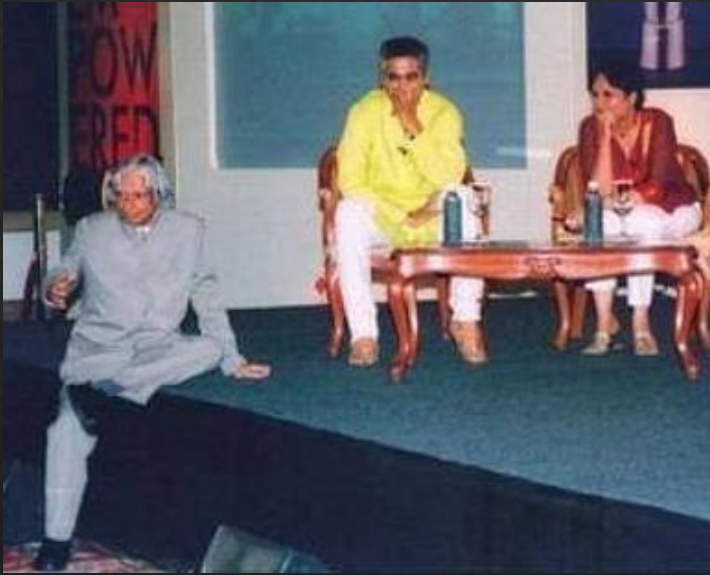
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Eg - His attempt to win the game went down in flames when he missed the final shot.

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21. down to earth:- to someone who is practical, realistic, and humble. (व्यावहारिक और सीधा-साधा इंसान)



Eg - Dr. kalam was a down-to-earth man with no pretensions.

22. up in a creek without a paddle:- to be in a difficult or troublesome situation without any means of resolving it.
(बिना साधन बड़ी मुसीबत में होना)



Eg - When the car broke down in the middle of nowhere and we had no cell service, we were really up the creek without a paddle.

23. tighten one's belt:- to use less of something (खर्चे कम करना, किफायत बरतना)

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Eg - Our company has tightened its belt, by refusing to pay bonuses to all of the employees this year.

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24. Sacred cow:- something that people believe or accept as true without questioning it. (ऐसी चीज़ जिसकी आलोचना न हो)



Eg - They did not dare to challenge the sacred cow of parliamentary democracy.

25. Get itchy feet :- To start to want to travel or do something different (यात्रा करने की तीव्र इच्छा होना)



Eg - After three years in the job she began to get itchy feet.

26. keep up appearances:- to pretend to be happier, less poor, etc. than you really are, because you do not want people to know how bad your situation is: (दिखावा बनाए रखना, गरीबी छुपाना) Aman Sir English



Eg - They were very unhappily married but kept up appearances for the sake of their children.

27. From cradle to grave:- to something that lasts or is relevant throughout a person's entire life, from birth to death. (जन्म से लेकर मृत्यु तक)



Eg - The health insurance benefits offered by the government will cover you and your children from the cradle to the grave.

28. hand to mouth:- living with just enough money to meet immediate needs without any savings. (गुज़ारे लायक ही पैसा होना)

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Eg - After losing his job, he lived a hand to mouth life, struggling to pay bills and buy groceries each month.

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29. thinks outside the box:- think differently (लीक से हटकर नया सोचना)



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Eg - This particular technology is quite out of the box in nature and should be a hit really easily.

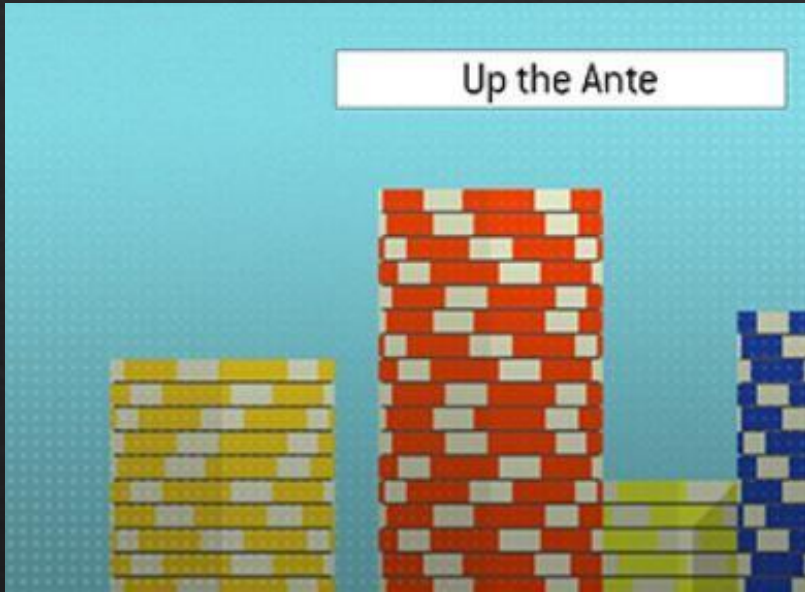
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30. Make waves:- to cause trouble; disturb the status quo
(परेशानी पैदा करना या हलचल मचाना)



Eg - It's probably not a good idea to start making waves in your first week in a new job.

31. Up the ante:- to increase the stakes or demands in a situation, making it more challenging or risky. (दांव बढ़ाना या मांग बढ़ाना)



Eg - After achieving her initial fitness goals, she decided to up the ante by training for a marathon and adopting a stricter diet.

32. Eat like a bird:- to always eat a small amount of food: (नाम मात्र का बहुत कम खाना)



Eg - The kids always eat like birds, so I have to prepare extra snacks to make sure they get enough nutrition.

33. cut no ice with someone:- to not cause someone to change their opinion or decision: (किसी पर कोई प्रभाव न डालना)

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Eg - I've heard her excuses and they cut no ice with me.

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34. **make ends meet**:- To live within one's income (कठिनाई से गुज़ारा करना)



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Eg - As a student with limited funds, he worked part-time to make ends meet while studying.

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35. pie in the sky:- to a promise or plan that seems unrealistic or unlikely to be achieved. (असंभव या काल्पनिक योजना)

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Eg - Her dream of wanting to move to London to become a famous singer is a pie in the sky if you ask me.

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36. have a bee in bonnet:- An obsession (एक ही धुन सवार होना)



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Eg:- She never stops talking about healthy eating - she's got a real bee in her bonnet about it.

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37. **deep water**:- in trouble (बड़ी मुश्किल या संकट में)



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Eg:- He is currently in deep water as he has no money left to repay the loan.

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38. Put in mind – to remind (याद दिलाना या ध्यान दिलाना)



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Eg - This documentary put me in mind of the holidays that I had last year

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39. Time after time:- Repeatedly (बार-बार या अक्सर होना)

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Eg:- You make this mistake time after time.

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40. See eye to eye:- To agree with someone (पूरी तरह सहमत होना)



Eg - His father and he see eye to eye on most things.

41. Back to back:- Something follows immediately after something else. (एक के बाद एक, लगातार)



Eg - As a long holiday was ahead , customers were coming to the bank back to back.