

1. Rise to the occasion/challenge:- to show that you can deal with a difficult situation successfully: (मुश्किल समय में हिम्मत दिखाना)

Aman Sir English



Eg:- In the exam she rose to the occasion and wrote a brilliant essay.

2. A lean patch :- A period of poor performance
(असफलता या बुरा दौर)

Aman Sir English



Eg:- Almost every new business experiences a lean patch at some point or another.

3. **Wipe the floor with someone** :- To defeat someone (किसी को बुरी तरह हराना)



Aman Sir English

Eg:- I hear Italy beat France in the semifinals last night. They wiped the floor with them!

4. Come about :- To happen (कोई घटना घटित होना)



Eg:- A reduction in costs can come about through elimination of waste.

5. Sum and substance :- Essence / basic element (किसी बात का मुख्य सारांश)

Aman Sir English



Eg:- The sum and substance of her argument is that a redistribution of wealth would spur the economy into huge gains.

6. Under duress :- under threats or force to do something
(दबाव या धमकी में होना)

Aman Sir English



Eg:- He thought her confession
had been made under duress.

7. make someone's flesh crawl/creep :- to make someone feel disgusted, afraid, frightened (डर या घृणा पैदा करना)

Aman Sir English



Eg:- The memory of all that blood was enough to make my flesh crawl/creep.

8. Start from scratch :- Start entirely from the beginning
(बिल्कुल शून्य से शुरुआत करना)

Aman Sir English



Eg:- It's completely ruined, so we'll have to start from scratch.

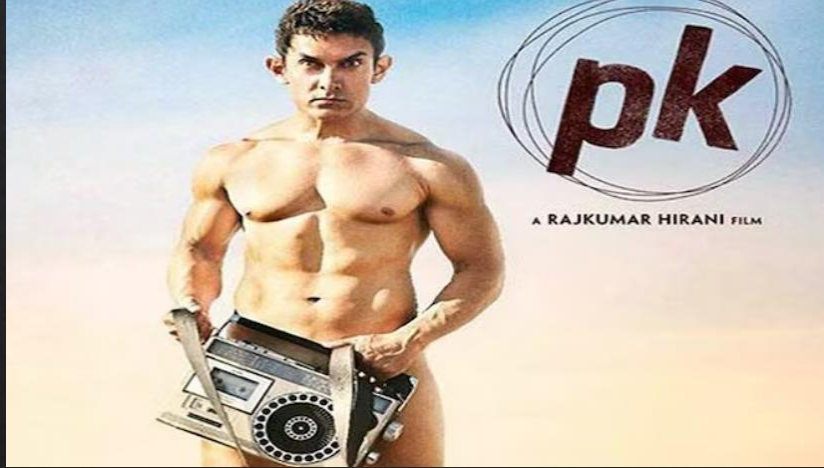
9. Man of letters :- Scholar / professional writer
(विद्वान या महान लेखक)



Eg:- As a man of letters, the professor could easily speak for hours on the works of Shakespeare.

10. In your birthday suit :- Not wearing any clothes
(बिना कपड़ों के, बिल्कुल नग्न)

Aman Sir English



Eg:- They were sunbathing in their birthday suits.

11. Twist someone's arm :- To try to force someone to do something (किसी को मजबूर करना)



Aman Sir English

Eg:- I didn't want to go but Mohit twisted my arm.

12. **Cast aside** :- To get rid of somebody (बेकार समझकर छोड़ देना)



Aman Sir English

Eg:- As soon as he became rich he **cast aside** all his old friends who gave him some help.

13. Tick all the boxes :- To fulfil the required conditions
(सभी शर्तों को पूरा करना)

Aman Sir English



Eg:- His newest thriller ticks all the boxes the author's fans will be hoping for.

14. Pocket an insult :- Tolerate insult without protest
(बिना विरोध अपमान सहना)

Aman Sir English



Eg:- When her friend insulted her she pocketed this insult.

15. In queer street :- In debt / bankrupt (आर्थिक तंगी या मुश्किल में)



Aman Sir English

Eg:- He lost all his money gambling and now he's really in Queer Street.

16. Little by little:- gradually / step by step (धीरे-धीरे या क्रमवार ढंग से)

Aman Sir English



Eg:- Little by little she came to understand why he had behaved the way he did.

17. A dry run:- a rehearsal before the actual performance
(काम से पहले का अभ्यास)

Aman Sir English



Eg:- Today is only a dry run so we will not be using the actual costumes.

18. call on:- to visit someone for a short while
(मुलाकात के लिए जाना)



Eg:- She went to the hospital to call on a sick friend.

19. Look out:- to watch what is happening and be careful:
(सावधान रहना या ध्यान देना)



Eg:- The police have warned shopkeepers to look out for forged notes.

20. Grin/smile from ear to ear:- to look extremely happy
(बहुत ज़्यादा खुश होना)

Aman Sir English



Eg:- "We've had a fantastic response!" he said, grinning from ear to ear.

21. Know something like the back of your hand:- to have very good and detailed knowledge of something (किसी चीज़ की पूरी जानकारी)

Aman Sir English



Eg:- I know this area like the back of my hand.

22. Sword of Damocles:- a constant threat / something bad seems very likely to happen to you (सिर पर लटकता खतरा)



Eg:- The threat of a cut in funding is hanging over the Opera House like a sword of Damocles.

23. Bear the brunt of:- to suffer most as a result of a problem or difficult situation (मुसीबत का मुख्य हिस्सा झेलना)

Aman Sir English



Eg:- The family has borne the brunt of his misdeed for a very long time. I think they should be excused now.

24. Kick up a fuss/row/stink:- make a noise or commotion
(छोटी बात पर हंगामा करना)



Aman Sir English

Eg:- He kicked up a tremendous row about having to wait.

25. Through and through:- thoroughly or completely; in every way, manner, or aspect. (पूरी तरह से, शुरू से अंत)



Eg:- He was good-hearted through and through and very close to his friends.

26. Get your money's worth:- to receive good value from something you have paid for: (पैसे का पूरा लाभ उठाना)

Aman Sir English



Aman Sir English

Eg:- Those sneakers lasted for four years – he really got his money's worth from them.

Aman Sir English

27. It's high time:- the appropriate or right time to do something
(उचित या सही समय होना)

Aman Sir English

Right Time to Start
for
IAS Preparation



Eg:- I think it's high time I quit my job and go back to college to get a Masters degree in another discipline.

28. Take stock :- to think carefully about a situation in order to make a decision (स्थिति का जायजा लेना)



Eg:- Almost getting in an accident yesterday has forced me to take stock of my life and to decide what is important.

29. Sitting on a gold mine:- to own something very valuable, especially without realizing it. (बहुत कीमती चीज़ पास होना)

Aman Sir English



Eg:- If your advertisement is attracting millions of new users, then you guys are definitely sitting on a gold mine.

30. As phony as a three-dollar bill:- Something that is fake
(पूरी तरह से नकली या झूठा)

Aman Sir English



Eg:- The course claims to teach you how to get rich in a hurry, but I can tell it's as phony as a three-dollar bill.

31. whole nine yards:- Everything, all the way
(पूरी तरह से, सब कुछ)



Aman Sir English

Eg:- She is the love of my life. For her, I'll go the whole nine yards.

32. turn a blind eye:- to intentionally ignore something
(जानबूझकर अनदेखा करना)

Aman Sir English



Eg:- Whenever I ask my friend about her husband she turns blind eye on it.

33. stick to your guns:- To stand firm on your belief or decision
(अपनी बात पर अड़े रहना)

Aman Sir English



Eg:- Despite opposition from his family, he has stuck to his guns in picking his career path.

34. cross swords:- to fight with another person physically or verbally. (किसी से बहस या झगड़ा)



Eg:- He crossed swords with his boss over overspending.

35. Have to bone to pick with someone:- something to argue about, a matter to discuss. (शिकायत या झगड़े का कारण)

Aman Sir English



Eg:- Jay was the first one to pick a bone with Kunal, explaining that he was always wrong.

36. when pigs fly:- Something that is impossible (जो कभी मुमकिन न हो)

Aman Sir English

Eg:- I asked my boss if I could go on a two month vacation, he said yes, when pigs fly!



37. quacking in shoes:- you feel extremely nervous or afraid.
(डर से बहुत ज्यादा कांपना)



Eg:- This big, ugly dog was growling at me and baring its teeth. I was quaking in my boots, I can tell you!

38. the sweat of his brow:- by one's hard work or effort
(कड़ी मेहनत और पसीना)

Aman Sir English



Eg:- He earned his money
by the sweat of his brow.

39. Beauty of it:- a quality that makes something especially good (किसी बात की मुख्य खूबी)

Aman Sir English



Eg:- The beauty of Aman's course is that you need not cram the rules because he teaches conceptually..

40. hard to swallow:- difficult to believe (विश्वास करना बहुत मुश्किल होना)

Aman Sir English



Eg:- Salman's claim about his virginity was hard to swallow.

41. All of a sudden:- suddenly, without advance warning.
(अचानक या एकाएक होना)

Aman Sir English



Eg:- I was sitting in the park when, all of a sudden, it started raining heavily.