

1. **Throw caution to the wind** :- take risk (बिना सोचे जोखिम उठाना)

Aman Sir English



Eg:- He threw caution to the wind, and repented later.

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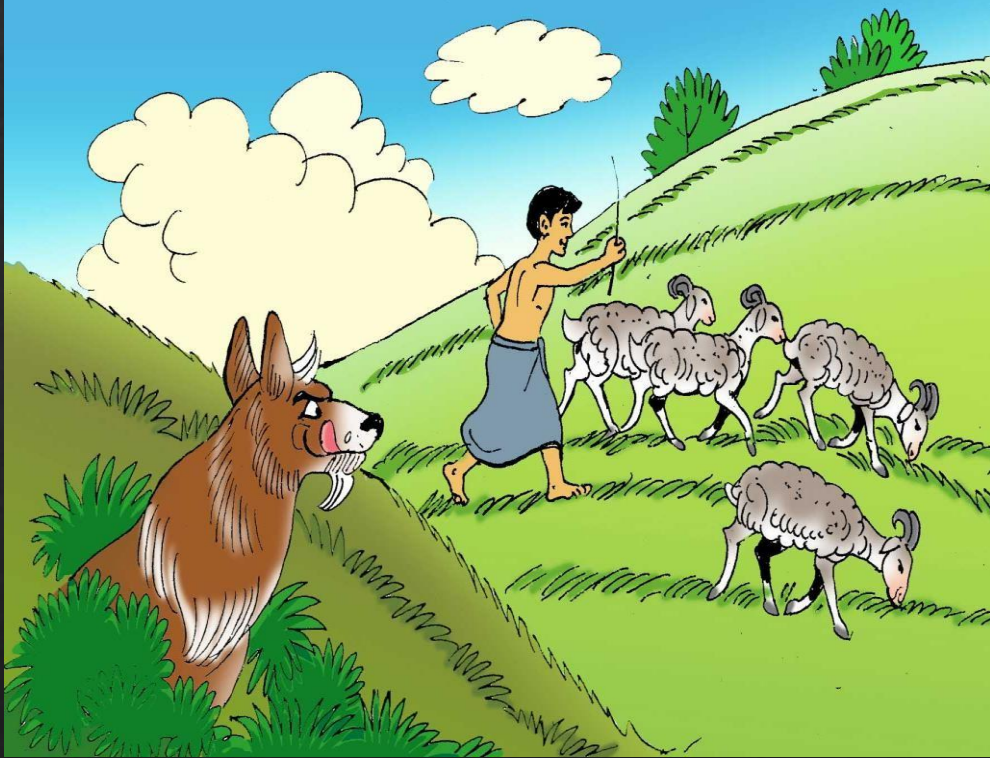
2. **Blue blooded:-** of noble birth (कुलीन या शाही खानदान का)



Aman Sir English

Eg - The new student is very arrogant because his blood is blue.

3. Cry wolf:- to raise a false alarm (झूठी चेतावनी या हल्ला करना)



Eg - If you cry wolf too often,
people will stop believing you.

4. **Belly laugh** :- A loud and unrestrained laugh (खलकर और ज़ोरदार हँसना)



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Eg:- This cartoon is so interesting that it makes us break into a lot of belly laugh.

5. A mare's nest :- A complex situation / Imaginary Situation (भ्रामक या झूठी खोज)



Eg - The tax laws in this country are a mare's nest that nobody fully understands.

6. Beside oneself :- Almost out of one's senses
(भावनाओं से बेकाबू होना)

Aman Sir English



Eg:- He was beside himself with grief when his friend died.

7. cool as a cucumber :- very calm and relaxed
(बहुत शांत और धैर्यवान)

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Eg:- It's not everybody who can keep as cool as a cucumber in an emergency.

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8. Butterflies in his stomach :- a nervous feeling
(घबराहट या बेचैनी होना)

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Eg:- I used to get butterflies in my stomach before school tests.

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9. The salt of the earth:- A good , reliable , honest person (बहुत ही ईमानदार इंसान)

Aman Sir English



Eg – Robert is still the salt of the earth. He donates most of his salary to charity and volunteers weekly at the hospital.

10. An eagle eye :- a careful or close watch (सटीक और तेज़ नज़र)



Aman Sir English

Eg:- People felt that they had better be here because the eagle eye of those outside was on them.

11. rained on the new bride's parade :- to spoil a moment (किसी की खुशी बिगाड़ना)



Eg:- I'm sorry to rain on your parade but you're not allowed to have alcohol on the premises.

12. At the drop of a dime /hat :- Something that can happen very fast without hesitation (तुरंत, बिना किसी देरी के)

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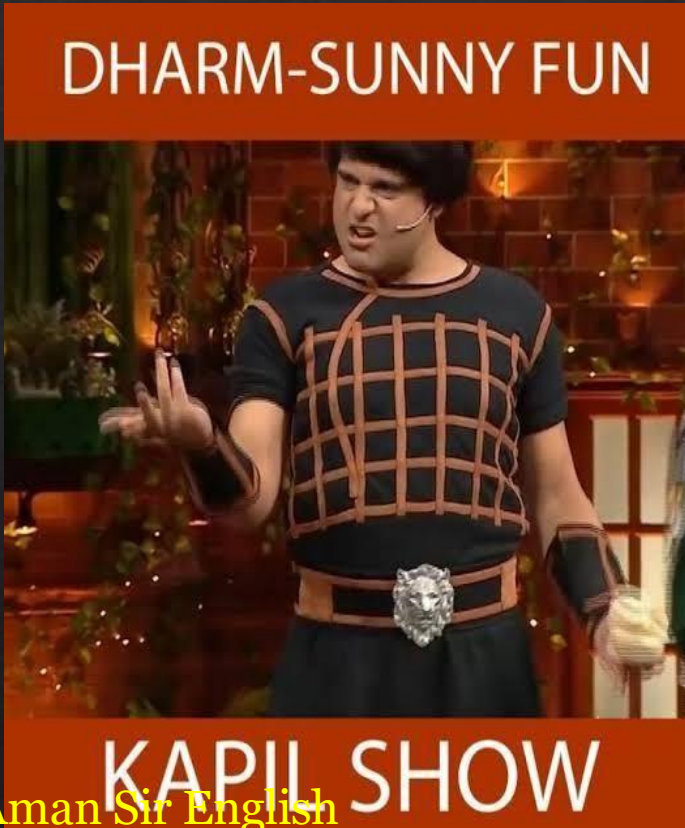
Eg:- I have to get to the workshop or my boss will kick me out at the drop of a dime.

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13. To pull someone's leg :- To joke with someone
(मज़ाक या टांग खिंचाई करना)

Aman Sir English



Eg:- I panicked when she said the presentation was tomorrow, but then I realised she was pulling my leg.

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14. Snowed under :- busy (काम के बोझ में दबना)



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Eg:- They were snowed under with complaints about working conditions.

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15. Beaming from ear to ear :- Smiling broadly
(मुस्कराहट से चमकता चेहरा)

Aman Sir English



Eg:- She came out of his office,
beaming from ear to ear.

16. All at sea :- completely confused (about a subject or some task at hand) (पूरी तरह भ्रमित या उलझन में)



Eg - I'm all at sea with these new regulations.

17. To stand one's ground :- To maintain one's position
(अपनी बात पर डटे रहना)

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Aman Sir English

Eg:- I kept trying to get my grandmother to find a smaller house, but she stood her ground.

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18. A lot on one's plate :- A lot to do (काम की बहुत ज़िम्मेदारी होना)



Aman Sir English

Eg:- She's got a lot on her plate -especially with two new projects starting this week.

19. A lame excuse :- Unsatisfactory explanation
(असंतोषजनक या झूठा बहाना)

Aman Sir English



Eg – He offers the lame excuse that there are shipping difficulties.

20. Hearts go out to :- To feel sympathy for someone when they are distressed (किसी के प्रति गहरी सहानुभूति)

Aman Sir English



Eg:- Our hearts go out to the families of the victims.

21. Toffee-nosed :- A person who thinks he is of a high social class and looks down on people of lower class (घमंडी और खुद को बड़ा मानना)

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Eg:- It was a bit of a laugh, really, some of those toffee-nosed people having to queue.

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22. In high spirits:- Joyful (बहुत खुश और उत्साहित होना)



Aman Sir English

Eg :-All the children were in high spirits on the last day of school.

23. Bear up :- to deal with a very sad or difficult situation in a brave and determined way (मुसीबत में हिम्मत बनाए रखना)



Eg:- It is particularly difficult to bear up against the mid-summer heat in Wuhan.

24. Black sheep:- Person with bad reputation
(परिवार या समूह का कलंक)



Eg:- Vijay Mallya was the black sheep, eventually he migrated to the United Kingdom to avoid the punishment here.

25. the calm before the storm :- a period of quiet that comes before a time of activity, excitement, violence, etc.
(तूफान से पहले की शांति)

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Eg:- I like to get everything done before the guests arrive and relax for a moment in the calm before the storm.

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26. A wild goose chase :- Unprofitable adventure
/futile search (बेकार या व्यर्थ की खोज)

Aman Sir English



Eg:- After two hours spent wandering in the snow, I realized we were on a wild goose chase.

27. Have an axe to grind :- To have one's own interests to serve (अपना स्वार्थ सिद्ध करना)

Aman Sir English



Eg:- Environmentalists have no political axe to grind - they just want to save the planet.

28. By hook or by crook :- Using whatever methods are necessary (किसी भी तरीके से, चाहे गलत हो)

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Eg:- The police are going to get these guys, by hook or by crook.

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29. Hand and glove :- Very intimate terms (बहुत करीबी तालमेल या साथ)

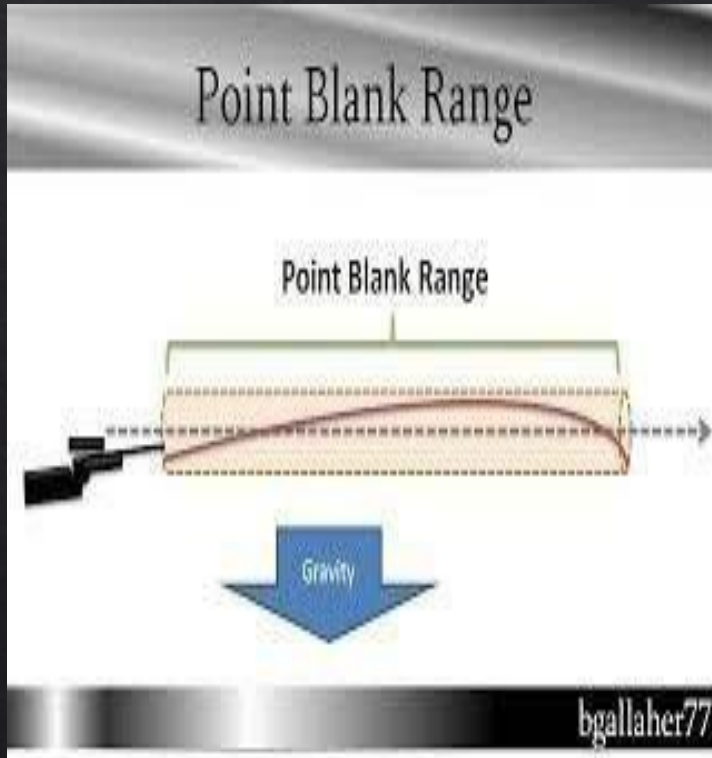
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Eg:- When he is released from prison, he will seek him out, and they will be hand and glove together.

30. Point blank :- close enough to hit the center of the target
(बिल्कुल सीधे और साफ-साफ)

Aman Sir English



Eg:- The men broke into the building at the dead of night, and shot their victims point-blank as they slept.

31. Bear garden :- A place of noise and disturbance
(शोर-शराबे और शोर वाली जगह)

Aman Sir English



Eg:- This classroom is like a bear garden when the teacher is away.

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32. Get on like a house on fire :- Get on extremely well with someone (बहुत जल्दी गहरी दोस्ती होना)

Aman Sir English



Eg:- We got on like a house on fire and things moved forward from there.

33. Against the clock :- In a great hurry, as fast as possible (समय सीमा के खिलाफ जल्दी करना)

Aman Sir English



Eg:- We are working against the clock to finish the report by Friday.

34. So far so good :- Things are going well so far (अब तक सब ठीक है)



Aman Sir English

Eg:- I've assembled the main frame. So far, so good—now let's put the wheels on.

35. Hang in there :- To persist in a difficult situation
(हिम्मत मत हारो, डटे रहो)

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Eg:- Hang in there and you never know what you might achieve.

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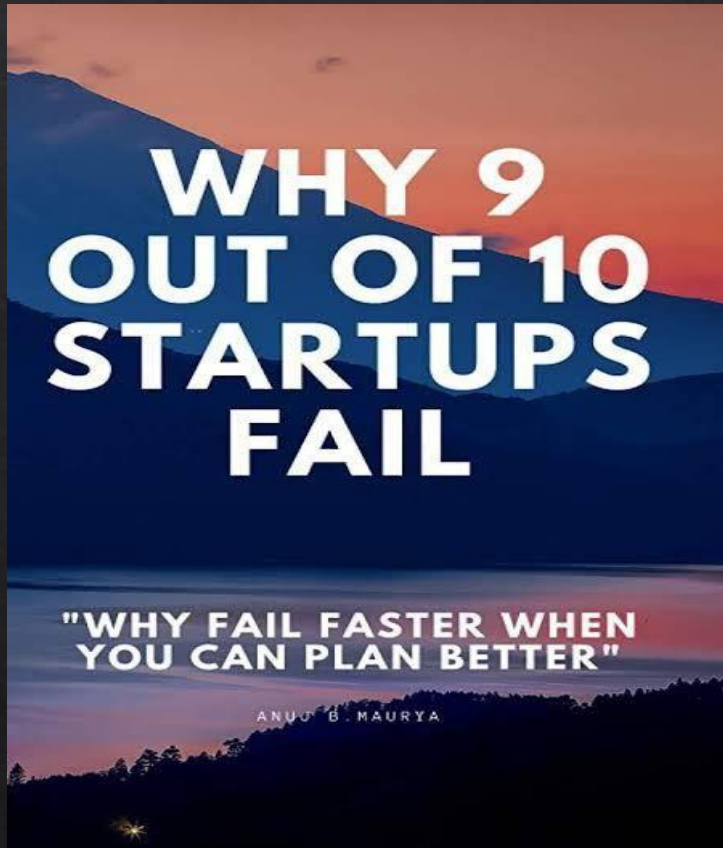
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36. Left, right and centre :- Happening in a lot of places or to a lot of people (हर तरफ या चारों ओर)



Eg:- She has been spending money left, right, and centre.

37. **Nine times out of ten** :- In most cases (अक्सर या लगभग हमेशा)



Aman Sir English

Eg:- Nine times out of ten our opponents will beat us. We just hope this is the one in ten.

38. Be hard hit :- Severely affected by something unpleasant (बुरी तरह प्रभावित या आहत)

Aman Sir English



Eg:- The company has been hard hit by the drop in consumer confidence.

39. Black sheep:- Person with bad reputation (बुरी प्रतिष्ठा वाला व्यक्ति)

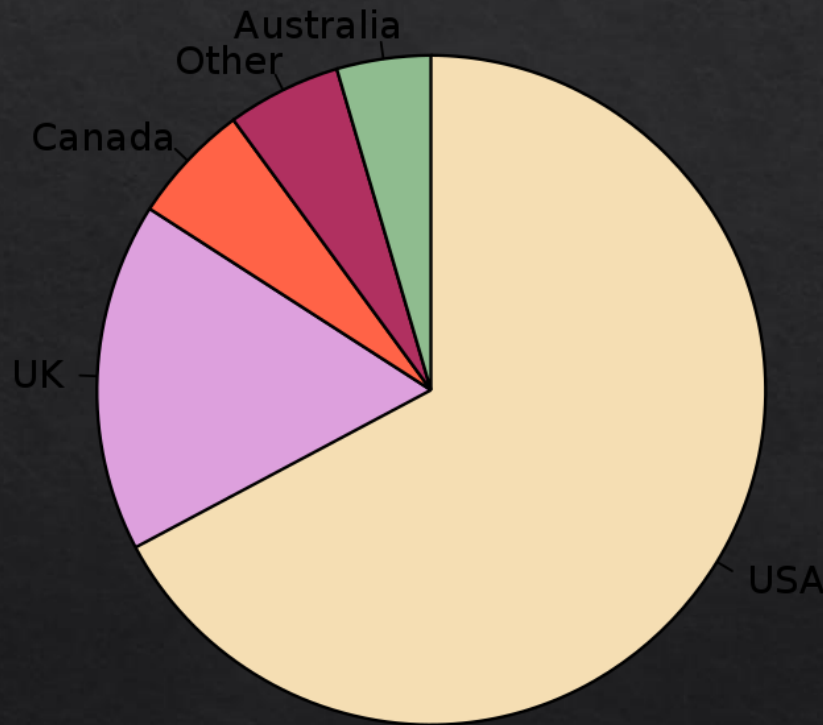


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Eg - John is the black sheep in our family and he almost ended up in jail a few times when we were younger.

40. To put in a nutshell :- to indicate that you are saying something in a very brief way, using few words.
(बहुत संक्षेप में कहना)

Aman Sir English



Eg:- The explanation is long and involved, but let me put it in a nutshell for you.

41. A flying visit :- A very short visit (बहुत छोटी या कम समय की यात्रा)



Aman Sir English

Eg- The prince is paying a flying visit to the town during a tour of kingdom.

42. In seventh heaven :- Extremely happy (बहुत ज़्यादा खुश या प्रसन्न)



Aman Sir English

Eg:- When she has all her grandchildren around her, she's in seventh heaven.

43. As good as gold :- A person who is obedient and well-behaved (बहुत ही आज्ञाकारी या नेक)

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Eg:- He is as good as gold
you should marry him.

44. Don't judge a book by its cover :- outward appearance cannot be an indicator of someone or something's value or worth (बाहरी दिखावे से न्याय न करें)



Eg – The candidate did not look very intelligent, but you can't judge a book by its cover.

45. Wet blanket :- One who spoils other people's fun
(मज़ा किरकिरा करने वाला व्यक्ति)

Aman Sir English



Aman Sir English

Eg:- The weatherman threw a wet blanket on our picnic plan when he forecast rain.

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46. A carrot and stick approach:- Rewards and punishments that influence someone's behavior. (इनाम और सज़ा की नीति)

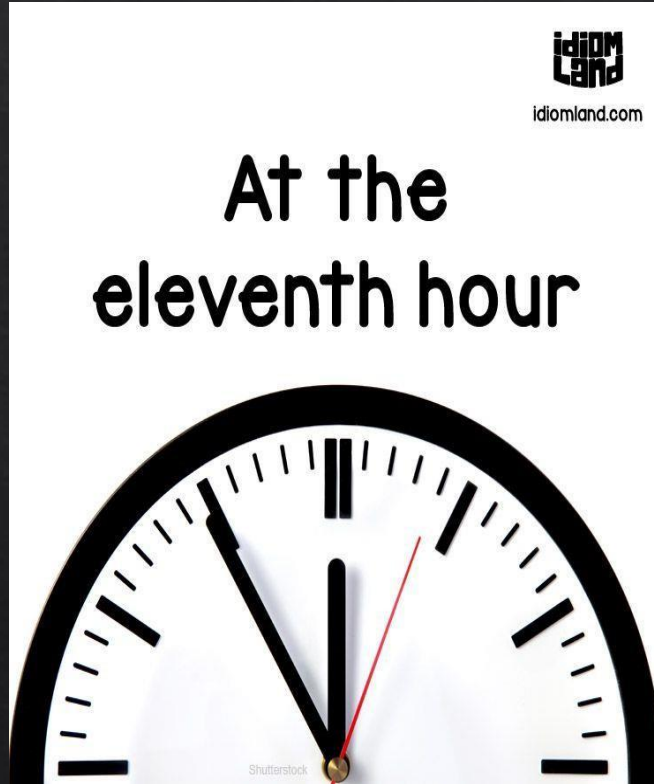


Eg:- Sometimes I just have to resort to the carrot and stick approach with my children.

47. At the eleventh hour:- At the very last moment.

(बिल्कुल अंतिम समय पर)

Aman Sir English



Eg - We only received the signatures
at the eleventh hour.

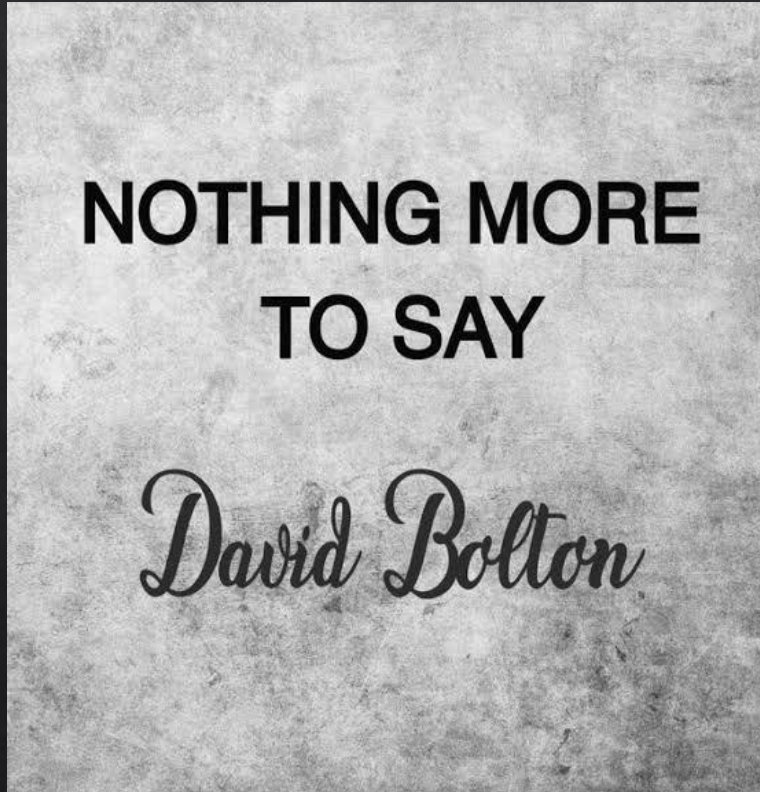
48. The devil is beating his wife :- The sun is shining while it rains (धूप में बारिश होना)

Aman Sir English



Eg:- Today, the devil is beating his wife in our city—it's raining cats and dogs and the sun is also shining.

49. That's all :- there is nothing more to be said (बस इतना ही या समाप्त)



Eg:- That's all she wrote for the defending champions, who fall just short of bringing home the title a second time.

50. Caught red handed:- To catch someone doing something illegal (रंगे हाथों पकड़े जाना)



Eg- Her boyfriend and she robbed a store and were caught red-handed.

51. Fly off the handle :- lose one's temper suddenly and unexpectedly (अचानक बहुत गुस्सा होना)

Aman Sir English



Eg:- When Jack's father found out about the car, he really flew off the handle.

52. Chew the fat :- to gossip or chat casually (आराम से गपशप करना)



Aman Sir English

Eg:- The older women meet to chew the fat with their neighbors every morning.

53. In light of :- because of (किसी तथ्य को ध्यान में रखते हुए)



Aman Sir English

Eg:- In light of this tragic event, we have cancelled the 4th of July celebrations.

54. To crow over something :- To brag or boast about something (अपनी जीत पर शेखी बघारना)

Aman Sir English



Eg:- The crowd was crowing over Brazil's easy victory in the match.

55. look to :- rely on (किसी पर निर्भर होना या सोचना)



Aman Sir English

Eg:- Children look to their parents for guidance.